

# The Matsumoto

3 oz NingXia Red™

1 drop peppermint essential oil

1 drop Citrus Fresh™ essential oil blend

1 drop orange essential oil

2 drops tangerine essential oil



# Who Let the Dogs Out?

3 oz NingXia Red™

1 drop lemon, orange, or lime essential oil

2 drops tangerine essential oil

1 drop frankincense essential oil

1 drop cinnamon bark or ocotea essential oil



# Nuclear Explosion

- 3 oz NingXia Red™
- 1 drop peppermint essential oil
- 1 drop lavender essential oil
- 1 drop frankincense essential oil
- 1 drop lemon essential oil
- 1 drop tangerine essential oil
- 1 drop orange essential oil



# To Your Health

3 oz NingXia Red™

1 drop orange essential oil

2 drops tangerine essential oil

1 drop Thieves™ essential oil blend

